ПОРТФОЛІО

SMM-спеціаліст



398 5848 283

Публикации Подписчики Подписки

TEHNOTABLE standing desk

Товар/услуга

We produce healthy workstations and know

how to make life longer and healthier!

Exclusive Design.

Own production. Custom solutions.

Smolna 9b, Kyiv, Ukraine

Показать перевод

@ linktr.ee/tehnotable



421 6097 287

Публикации Подписчики Подписки

TEHNOTABLE standing desk

Товар/услуга

We produce healthy workstations and know

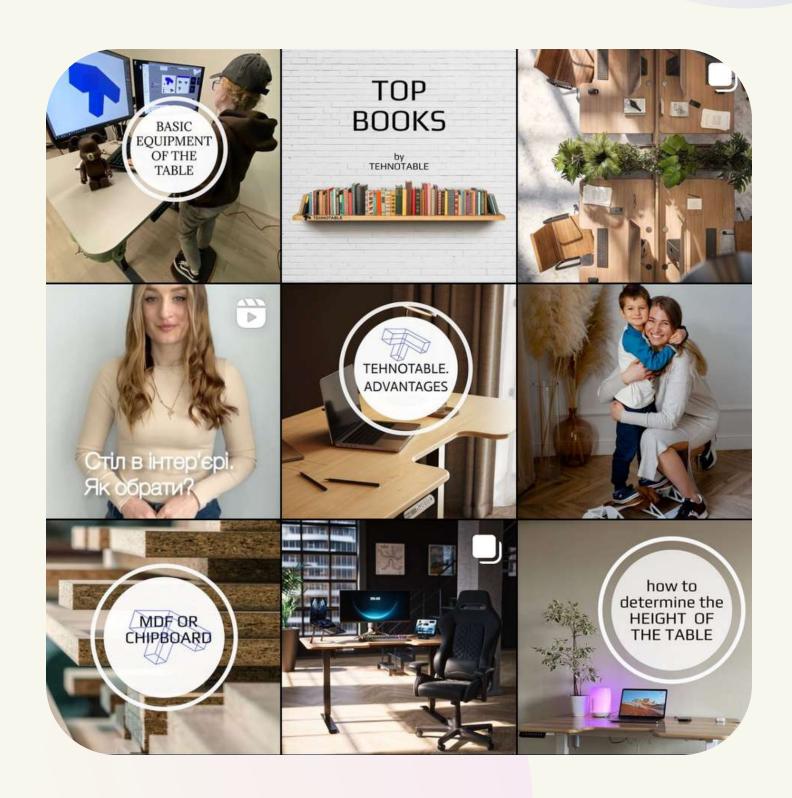
how to make life longer and healthier!

Exclusive Design.

Own production. Custom solutions.

Показать перевод

@ linktr.ee/tehnotable





The Strong model is a table that adapts to vou! 🙆

Thanks to the height adjustment via remote control with 4 memory positions and individually programmable, you can create the perfect ergonomic work area. 🦾 📐

The MDF table top, which has different color schemes, not only looks elegant, but also has high strength. 💼 🎨

Strong is your personal organizer! Under the tabletop is a surge protector with 5 sockets, which will provide convenient and safe connection of your monitors and other equipment. 🗲 🔌

All your devices will be easily accessible and organized. No tangled wires or connectors!

Just enjoy the comfort and convenience of working with Strong.

Visualization of the table in the photo by @tamara_stamova_designer.

Cost from 19 600 UAH. S





🎉 Happy Ivan Kupala holiday! 🌞



May your life be as bright and memorable as the furious fires on the fire. 🤚 🌟 May every whirlwind of fire bring you happiness, joy and unforgettable moments! 🐆 🌈

Let each wreath decorated with ribbons become a symbol of your victories and achievements. Y

And bonfire jumping will fill your life with fun and unforgettable adventures! 🦒 🢥

May this holiday of lights give you many happy moments and unforgettable impressions! ******

Are you ready to take your game to the next level?

Immerse yourself in gaming reality with the VIDA V7-X gaming chair. It not only gives comfort, but also inspiration to achieve new gaming heights.

The unique combination of style and functionality inspires you to reach new gaming heights.

The model is equipped with a unique back support system, which includes a unique dynamic support, a backrest height and tilt adjustment system and a lumbar support system.

Cost - 21 500 UAH.

Transform your work environment!

Let your work environment become a source of inspiration and convenience.

A hanging module with two drawers will fulfill all your wishes.

Reep your ideas, gadgets and important documents in it.

For tables with a table top from 165 cm long.

Maximize the use of your workspace. 🚀 💼



The price is 4800 UAH.

Friends, today we celebrate World Social Media Day!

On this day, we want to emphasize how important it is to create a comfortable and efficient workspace, especially in the era of digital technologies and social networks.

Our tables are the ideal solution for those who spend a lot of time in the online world and work at the computer. They are designed with ergonomics in mind to ensure proper posture and improve your productivity.

We believe that creating an optimal environment for work and leisure helps you enjoy the benefits of social media without compromising your health and comfort.

Celebrate World Social Media Day, connect, get inspired and share your ideas!

Individual comfort of your workspace. **

We offer an intelligent table height adjustment system using a control panel.

Whether you are sitting or standing, you can adjust the desk to your needs and preferences to create the optimal workspace.

The design of the tabletop is embodied in beautiful natural wood. Our range includes worktops made of oak, walnut and fused ash.

Combining elegance and functionality, the STRONG table will be a great addition to your workspace.

The price of the table is 20,300 UAH.

Do not miss the opportunity to provide yourself with comfort and elegance at work.

One of the most exciting aspects of yoga is finding balance. And what could be better than using a balance board in your practice?

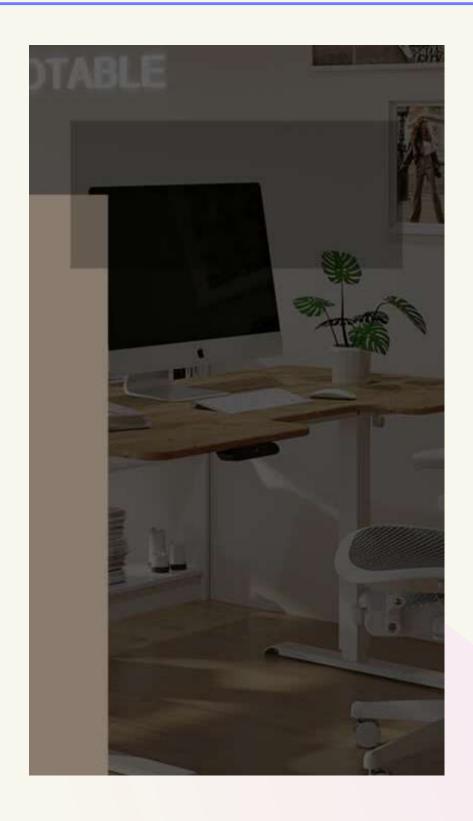
2)

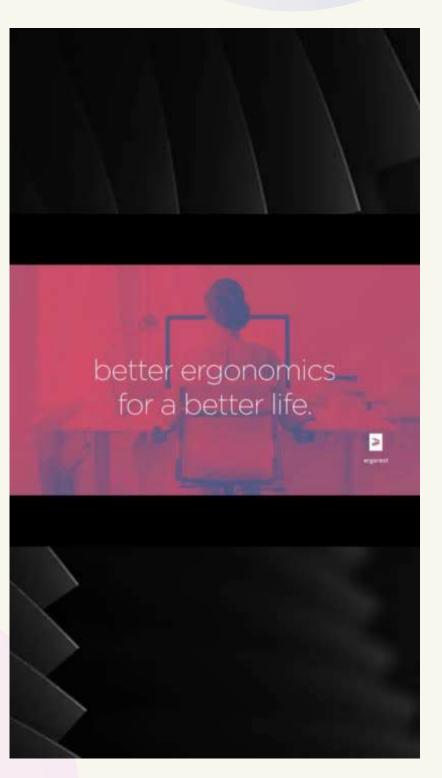
A balance board is a special device that requires constant control and stability from you in order to maintain your balance.

You can use it to improve your yoga practice - strengthening the core of the body, improving balance, which is useful when doing balancing asanas such as Vrikshasana (Tree Pose) or Garudasana (Eagle Pose). And also to deepen focus and presence, which helps to improve the ability to focus and be in the present moment, and this is one of the main goals of yoga practice.

You can try simple poses like Tittabhasana (Bat Pose) or Ardha Chandrasana (Crescent Moon Pose) on a balance board. This will help improve your coordination, strength and flexibility.

Integrating a balance board into your yoga practice will open up new horizons and help you achieve even deeper levels of strength, flexibility and mental focus.









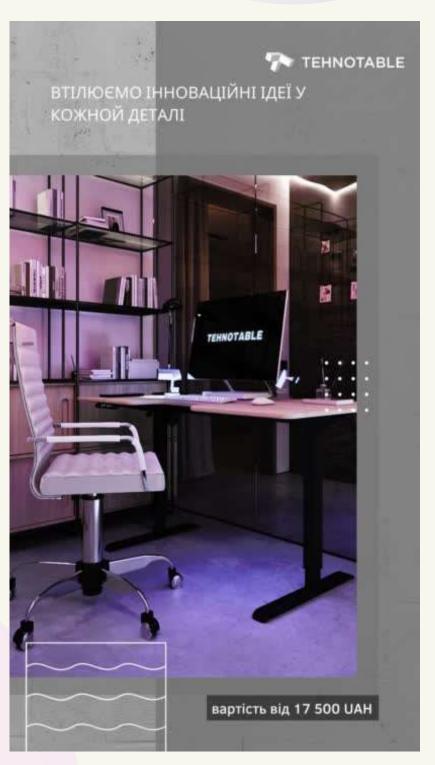


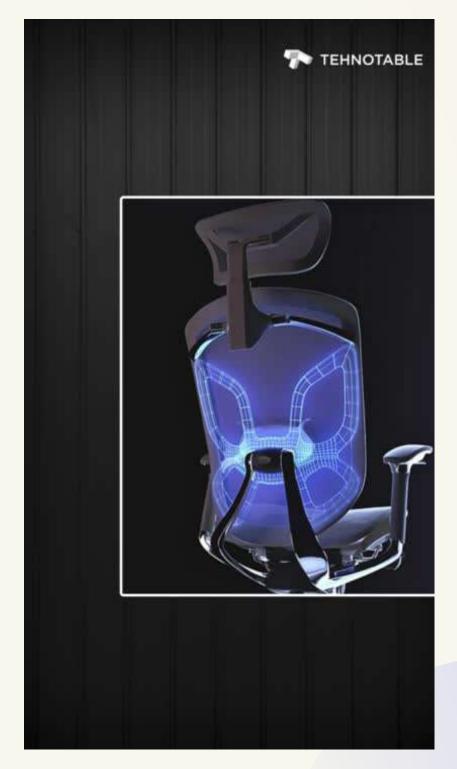






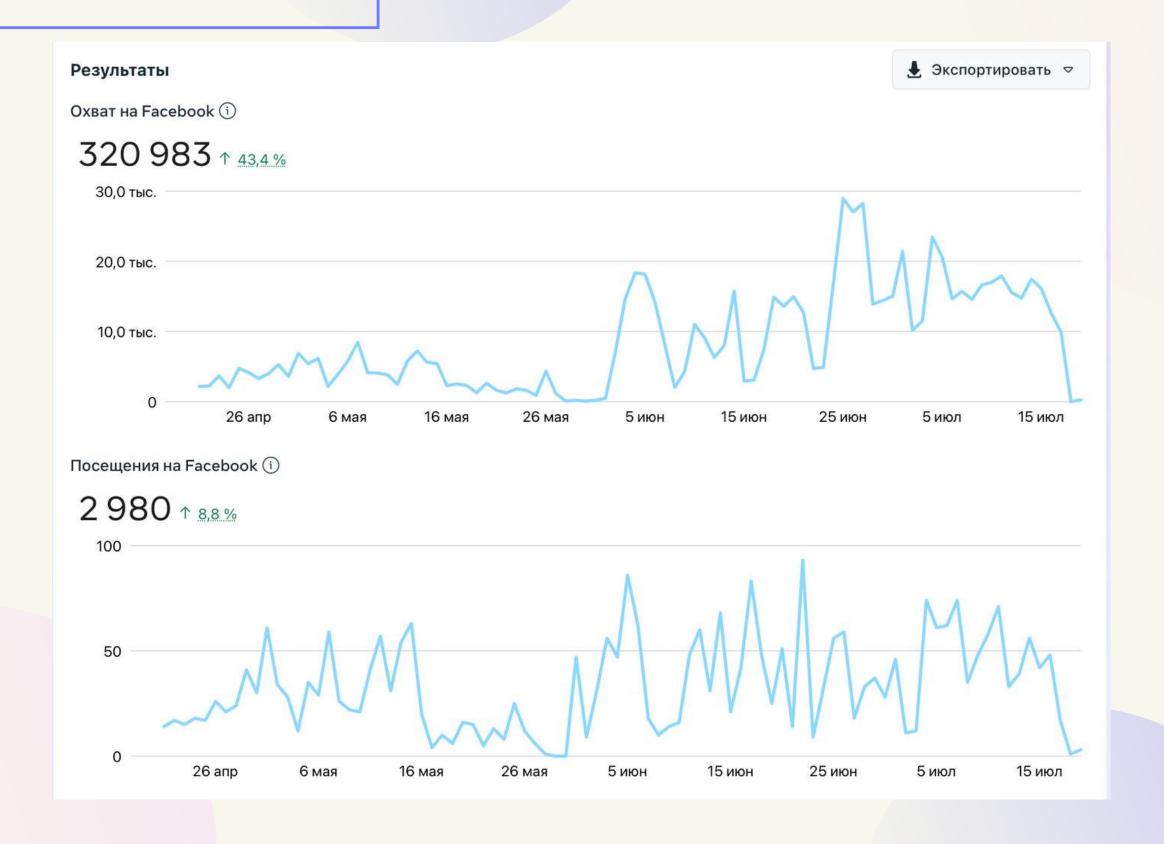








День отца	938 ^[2] Покупка на сай	38 222	64 075	0,04 \$ ^[2] За Покупка на сайте
Кресло	173 Покупка на сайте	17 004	22 414	0,06 \$ За Покупка на сайте
Стол дерево	186 ^[2] Покупка на сай	10 561	14 852	0,06 \$ ^[2] За Покупка на сайте
Д 09. 06.кресло	1 516 Покупка на сайте	87 135	147 656	0,07 \$ За Покупка на сайте



ХІД РОБОТИ

1

2

3

- УЗГОДЖЕННЯ ІЗ ЗАМОВНИКОМ
- УКЛАДАННЯ ДОГОВОРУ
- ОПЛАТА 50% АБО 100%
- СТРАТЕГІЯ ПРОСУВАННЯ АНАЛІЗ ЦА
- СТВОРЕННЯ

 РУБРИКАТОРА КОНТЕНТПЛАНУ
- НАПСАННЯ ТЕКСТІВ
- ДИЗАЙН СТРІЧКИ (ВІЗУАЛ)
- ШАПКА ПРОФІЛЮ/ АВАТАРКА

- ВЕДЕННЯ АКАУНТУ:
- ПОСТИНГ
- РЕАЛІЗАЦІЯ КОНТЕНТ- ПЛАНУ
- CTBOPEHHЯ STORIES PEAЛІЗАЦІЯ МЕТОДІВ
- ПРОСУВАННЯ
 (БЕЗКОШТОВНИХ/
 ПЛАТНИХ)

ЩИРО ДЯКУЮ ЗА УВАГУ! БУДУ РАДА СПІВРОБІТНИЦТВУ!