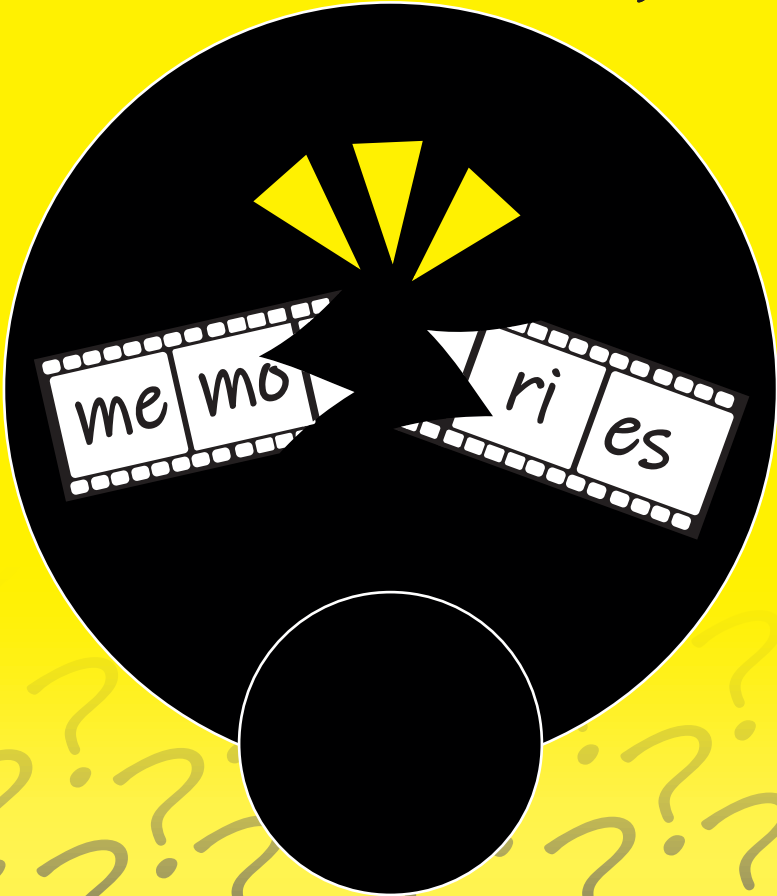


Amnesia

is a deficit in memory caused by brain damage or brain diseases, but it can also be temporarily caused by various sedatives and drugs



if you struggle, call 73333



AM I
FAT?

ANOREXIA IS AN EATING
DISORDER CHARACTERIZED
BY AN ABNORMALLY
LOW BODY WEIGHT, AN
INTENSE FEAR OF
GAINING IT AND A
DISTORTED PERCEPTION OF
IT.

ANOREXIA

PEOPLE WITH ANOREXIA
IS HIGHLY CONTROLLING
THEIR WEIGHT AND
SHAPE, USING EXTREME
EFFORTS THAT
SIGNIFICANTLY INTERFERE
WITH THEIR LIVES

if you struggle, call 73333

Depression

It involves a depressed mood or loss of pleasure or interest in activities for long periods of time. Depression is different from regular mood changes and feelings about everyday life



symptoms:

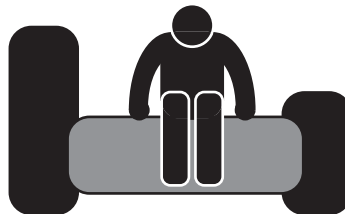
low mood



suicidal thoughts



sleep disturbance



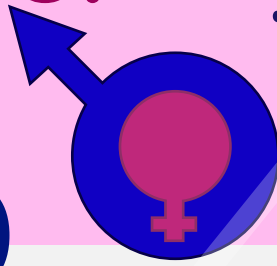
low mood



if you struggle, call 7333

Gender dysphoria

WHO



AM

Gender dysphoria is a sense of unease because of a mismatch between their biological sex and their gender identity.



This sense of unease or dissatisfaction may be so intense it can lead to depression and anxiety and have a harmful impact on daily life.

if you struggle, you can call 7333

Other symptoms include social withdrawal, delusions and emotional numbing. Psychosis is also common symptom.

Schizophrenia is a mental disorder characterized by continuous or relapsing episodes of visual and auditory hallucinations.



If you struggle, call 7333

BIPOLAR

DISORDER

mental health condition that causes extreme mood swings that include emotional highs (mania or hypomania) and lows (depression)

if you struggle,
call 7333 for help

Although bipolar disorder is a lifelong condition, you can manage your mood swings and other symptoms by following a treatment plan. In most cases, bipolar disorder is treated with medications and