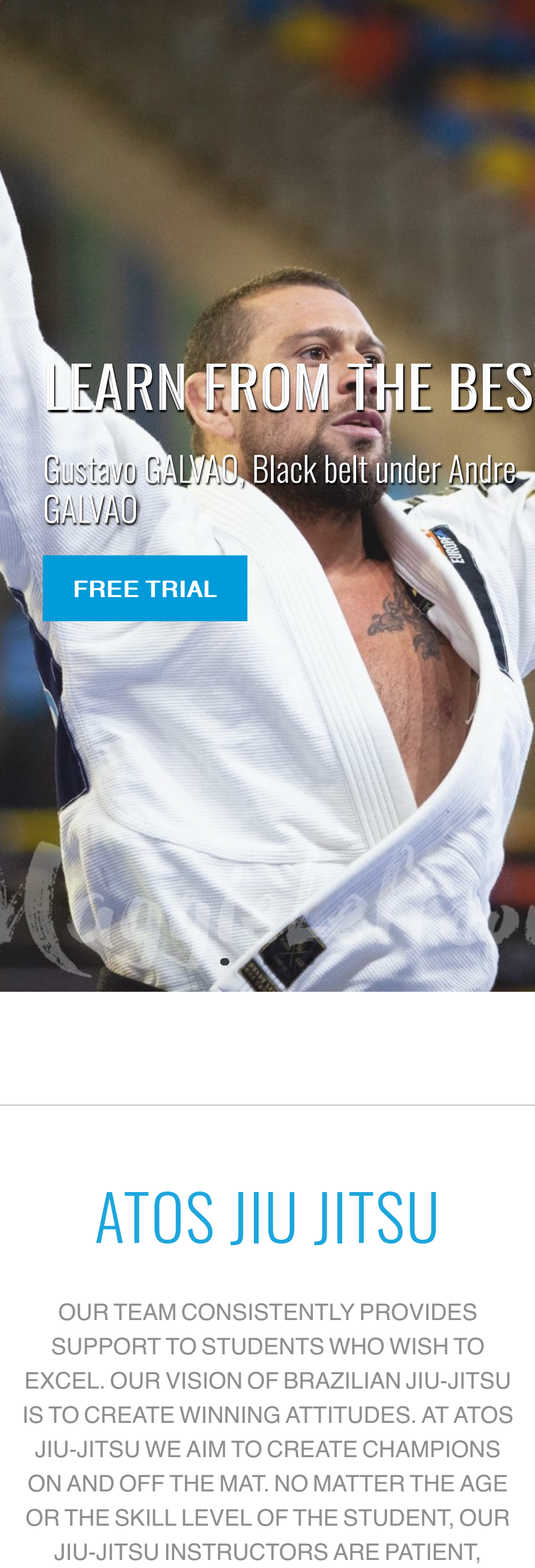




LEARN FROM THE BEST

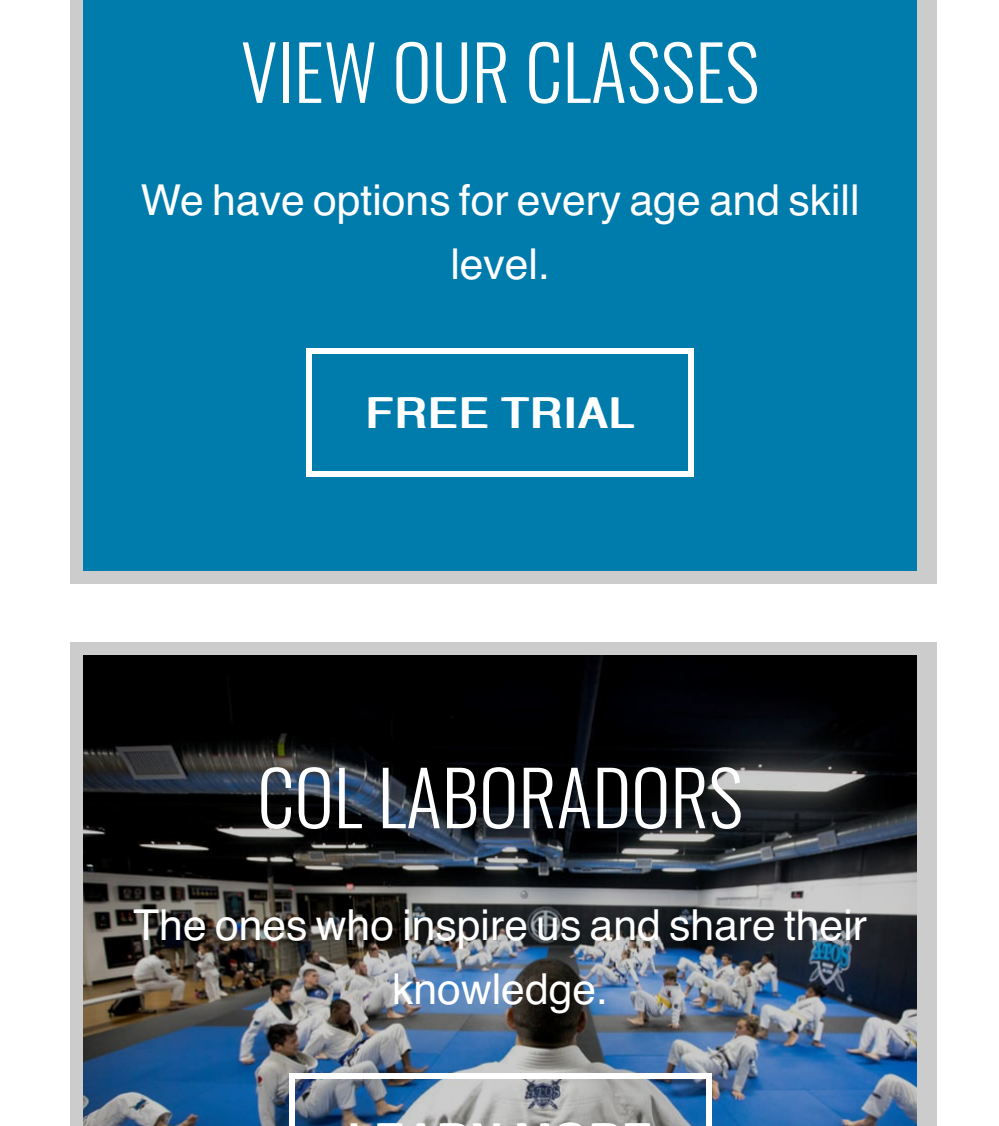
Gustavo GALVAO, Black belt under Andre GALVAO

FREE TRIAL

ATOS JIU JITSU

OUR TEAM CONSISTENTLY PROVIDES SUPPORT TO STUDENTS WHO WISH TO EXCEL. OUR VISION OF BRAZILIAN JIU-JITSU IS TO CREATE WINNING ATTITUDES. AT ATOS JIU-JITSU WE AIM TO CREATE CHAMPIONS ON AND OFF THE MAT. NO MATTER THE AGE OR THE SKILL LEVEL OF THE STUDENT, OUR JIU-JITSU INSTRUCTORS ARE PATIENT, WELL-TRAINED, AND EXPERIENCED READY TO HELP YOU REACH YOUR GOALS.

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FREE TRIAL

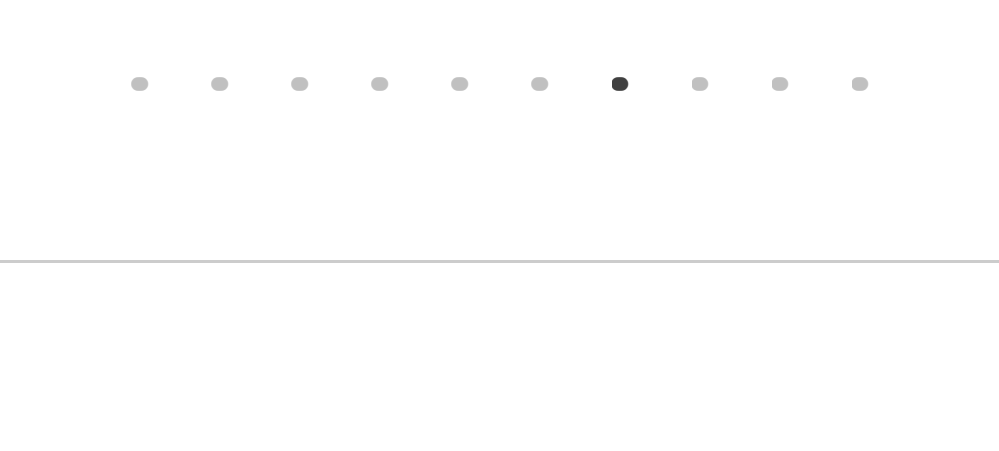


COLLABORATORS

The ones who inspire us and share their knowledge.

LEARN MORE

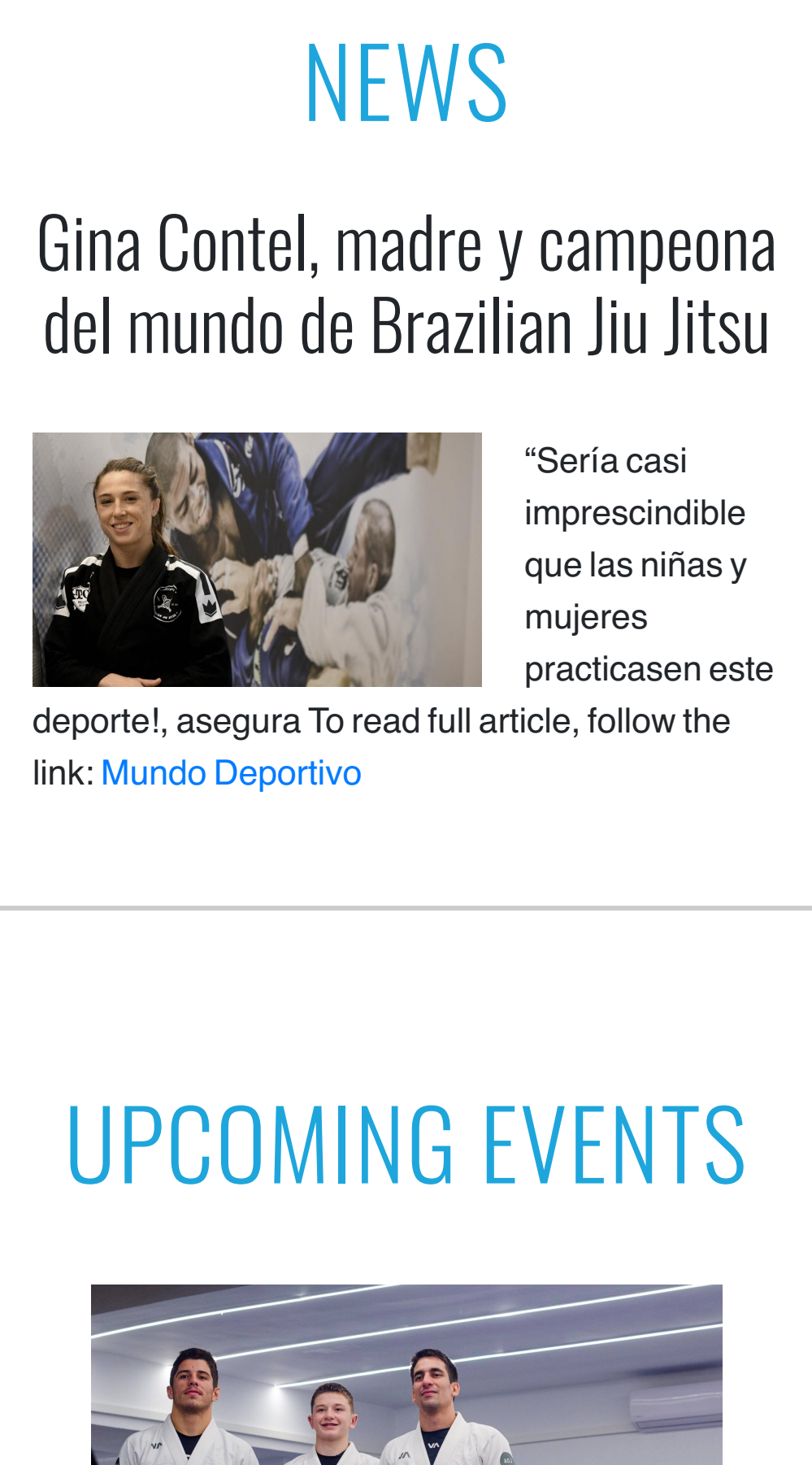
LATEST PICS FROM OUR INSTAGRAM



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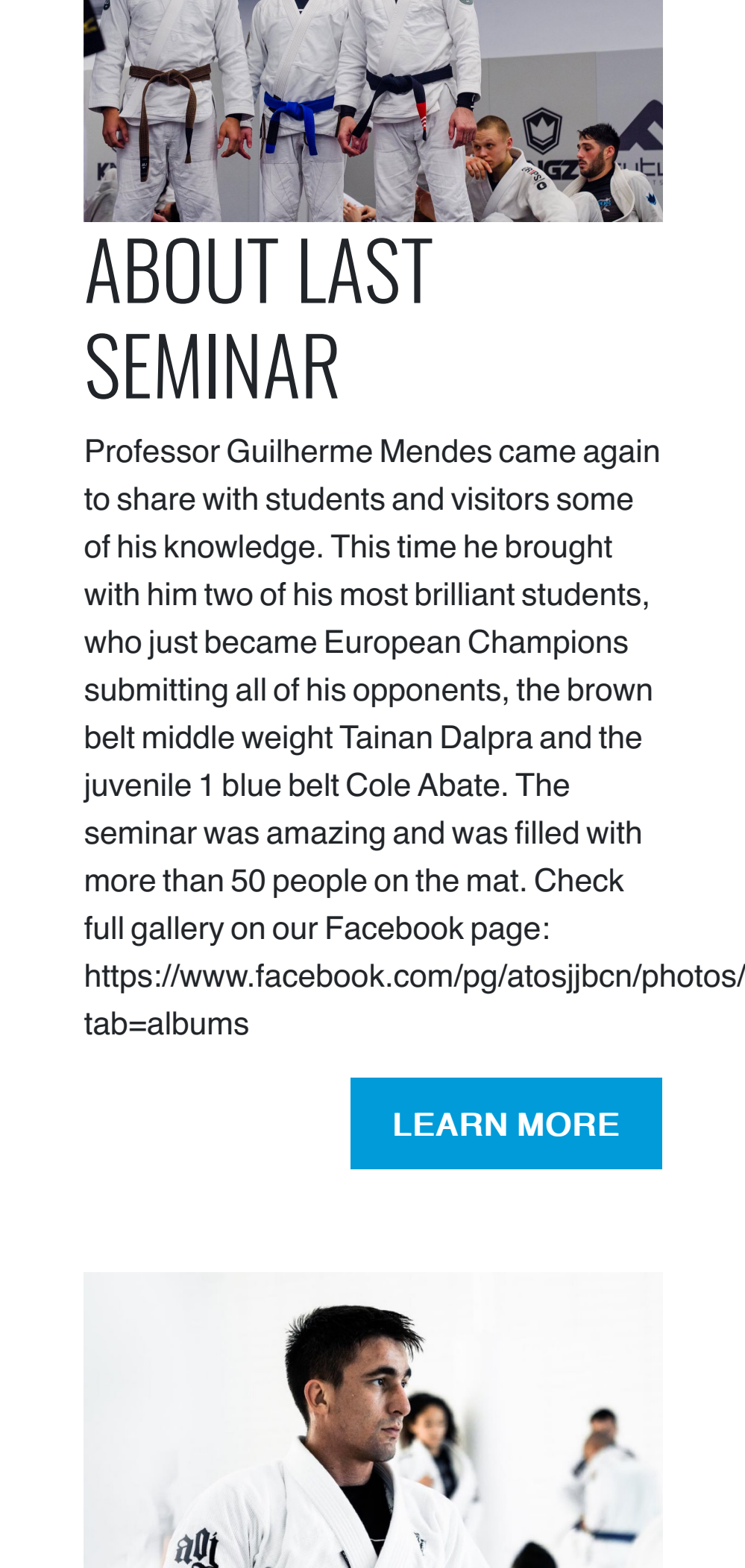
NEWS

Gina Contel, madre y campeona del mundo de Brazilian Jiu Jitsu



“Sería casi imprescindible que las niñas y mujeres practicasen este deporte!”, asegura To read full article, follow the link: [Mundo Deportivo](#)

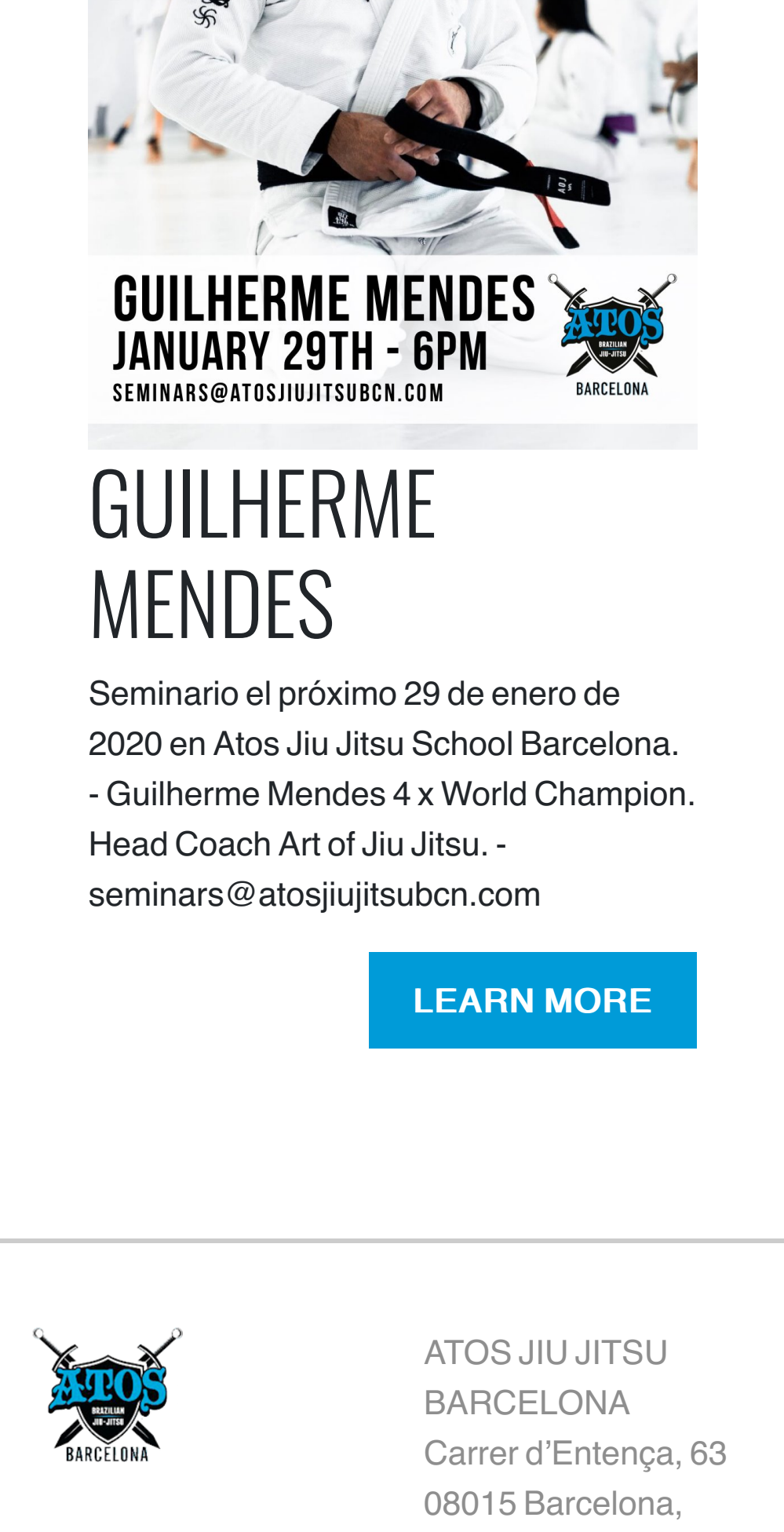
UPCOMING EVENTS



ABOUT LAST SEMINAR

Professor Guilherme Mendes came again to share with students and visitors some of his knowledge. This time he brought with him two of his most brilliant students, who just became European Champions submitting all of his opponents, the brown belt middle weight Tainan Dalpra and the juvenile 1 blue belt Cole Abate. The seminar was amazing and was filled with more than 50 people on the mat. Check full gallery on our Facebook page: <https://www.facebook.com/pg/atosjjbcn/photos/?tab=albums>

LEARN MORE



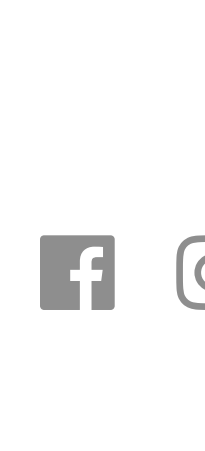
GUILHERME MENDES
JANUARY 29TH - 6PM
[SEMINARS@ATOSJIUJITSUBCN.COM](mailto:seminars@atosjiujitsubcn.com)



GUILHERME MENDES

Seminario el próximo 29 de enero de 2020 en Atos Jiu Jitsu School Barcelona.
- Guilherme Mendes 4 x World Champion.
Head Coach Art of Jiu Jitsu. - seminars@atosjiujitsubcn.com

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