

Title: Best Ways to Pass a Drug Test Under 24 Hours

h: Introduction

Everyone can get in a situation where it is necessary to take an urgent drug screening. It can be at the interview for a high-salary job, which goes surprisingly smooth until you are asked to take a test for drugs. Sometimes you can be asked to take a test on short notice when you already have a job. Many companies have specified drug and alcohol testing policy, which you may be familiar with, but no one is immune to the unexpected inspection.

And what do you do in a situation like this if you are NOT particularly “clean”? What if you have no longer than 24 hours to pass the test?

In this article, we will discuss ways to pass most types of drug tests when you are short on time. We will also tell you about well as some of the best drug testing kits for on the market.

Before detoxing, you first need to know what types of drug tests you can face. It is especially important if you must take a test on short notice because it will help you prepare for the specific test more appropriately.

There are four types of test you can face:

1. Urine Sample Drug Test

The majority of companies will typically subject you to a urine test to determine the Tetrahydrocannabinol (THC) count in your body.

HTC can stay in urine for up to 1 week for first time users, but the more you take narcotics on a regular basis, the more drug metabolites will remain in your body. For people who consume cannabis on daily basis, THC can stay in urine for up to 3 months.

2. Blood Sample Drug Test

This is an accurate test, but also an expensive and complicated one because it requires medical officer or a doctor to collect a blood sample. It is why blood sample drug test is the least popular out of them, and you’ll likely never go through it.

Also, the drug is detectable in blood for a very short amount of time: from 6 to 24 hours for first-time users, and up to 1 week for heavy users.

3. Mouth Swab Drug Test

The easiest test to pass, since drug metabolites stay in your system for only a day. On the downside, it can be dangerous because of the immediacy,

since anyone can administer it. So, if you take a mouth swab drug test within a few hours of taking a drug, you can be in serious trouble.

4. Hair Follicle Drug Test

This type of test is rare but also very hard to beat.

It is unlikely that “newcomers” will even have THC in their system, but for people who consume cannabis at least twice a month, the drug metabolites can be detectable for up to 3 months.

Also, it doesn't matter how long your hair is since drug detection facilities can only take a length of hair, required to test only the last 3 months of usage before the test.

Hair follicle drug tests are expensive, but very accurate, and tend to look for every major group of drug metabolites.

Detox and Preparation

It's necessary to stop consuming illegal drugs the moment you find out about the upcoming test.

Next, you must drink as much plain water as you can to dilute the concentration of drugs in your body. A couple of hours before the test is the best time to fill your system with as much fluid as possible.

You must wash yourself as much as possible. It may be wise to boost urination processes, so take diuretics like coffee or cranberry juice.

Drinking a lot of water, washing, exercising and eating healthy food is all part of natural detox program. The natural way is the guaranteed method to make sure you pass a drug test, but the downside is that it takes at least a week to complete.

You can shorten the length of detox dramatically by taking special supplements, such as pills that help to eliminate toxins. Some of the best brands of detox pills are “Toxin Rid” and “Rescue 5 Day Detox pills”. But even those supplements require you to take a three- or five-day courses to fully detox.

But what if the test is sudden and you must take it on short notice? Don't worry, since there are still viable solutions even if you have less than a day.

Passing a Urine Test on Short Notice

Bad news first: THC can stay in your body's fatty tissue from a week to over a month, depending on usage. It means that it's impossible to clean your body from the drug entirely on short notice. Still, there are reliable methods of beating this test.

The first one is to buy special Powdered Urine Kit and substitute clean sample instead of your urine. When the day of the test comes - fix the powdered urine with water and use the heater that comes with a package to heat it to usual body temperature. After that you can use this sample for your test. Be aware because this method works for unsupervised drug tests only.

If the urine test is conducting under supervision, then you can use special drink products that don't cleanse your system, but instead give you a window of time to take the test successfully. You have to drink the product about four hours before your test, then keep drinking water continuously. You also must urinate as much as possible to pump drug metabolites from your body faster.

Products like these are effective for about 5 hours after consumption, so you need to schedule your time accordingly to take the drug test in time.

Passing a Blood Sample Test on Short Notice

Detox products like "Toxin Rid" can help you, but they work only when you have more than a day to prepare.

Remember that even though blood tests are accurate, the narcotic only lasts in your blood for a short period. The best option is to delay the blood test for as long as possible. Usually one day would be enough to detox enough to pass the test.

Passing a Mouth Swab Test on Short Notice

Staying clean for a day or two will be enough to pass the mouth swab test, but the detox process can be accelerated even here.

Firstly, you must eat a lot of high-fat food. Secondly, you must brush your teeth as much as possible before the test and use good quality mouthwash. There are also products that help to detox even faster, like special "Toxin Rid" mouthwash products or saliva neutralizing gum.

Passing a Hair Follicle Test on Short Notice

This test is nearly impossible to fool because it is very accurate and can detect drug use for up to 90 days.

Though there are special shampoo products, they can be harmful to your hair, and they are not guaranteed to help you pass the test.

The guaranteed way to beat Hair Follicle test is to take another type of test instead. Or to shave your head, although coming with clean-shaven head on the day of the test will look suspicious (to say the least).

Testing Yourself at Home

To try out how you will perform at the upcoming drug test, you can buy special drug testing kits to see the results at home. We recommend using only high-quality kits from leading manufacturers for the most accurate results.

Here are Top 10 of the best drug testing kits you can use yourself:

h2: 115 Pack Easy@Home Marijuana (THC) Single Panel Drug Tests Kit – by Easy@Home

Easy@Home is one of the leading companies in the Healthcare industry, which has been in the drug test industry for over 18 years.

This product is created specifically to find marijuana in your system. It's incredibly easy to use. It has only 1 panel which can show 2 control lines. Dip the test into urine and see the results: 1 line means you passed; 2 lines means you are clean. There are also detailed instructions inside the pack. Detection time many vary, depending on the frequency of cannabis consumption.

Features:

- Over 99% of accuracy.
- For testing marijuana.
- CLIA Waived.
- Meets FDA Standard Cutoff.
- Comes in 5 sizes: in a pack of 6, 15, 50, 100 and 200 tests.

Pros:

- Easy to use at home.
- Good price.
- Accurate.

Cons:

- Can only test for cannabis and has only 1 panel.
- Can be inaccurate if you fail to calculate the time product need to detect THC in urine properly.

h2: 5 Pack Easy@Home 12 Panel Drug Test Cup Kit with Temperature Strip-Testing – by Easy@Home

Another product from Easy@Home can detect not only marijuana, but up to 12 different drugs, including Hydrocodone, Oxycodone, Hydromorphone, Methadone, Codeine, Morphine, natural opiates, semi-synthetic and synthetic opioids such as Heroin or Buprenorphine (Suboxone).

It's also easy to conduct the test at home, as the name of the manufacturer suggests. The drug name is printed on each pouch. Pour urine in a cup and wait for exactly 5 minutes. Check the lines: 2 lines means negative, 1 line – positive. Be aware that one faint line still means that you failed the test.

Features:

- Over 99% of accuracy.
- For testing 12 different types of drugs.
- Come with a temperature strip in each cup for Specimen Validity Testing.
- CLIA Waived.
- Meets FDA Standard Cutoff.
- Comes in 5 sizes: in 5, 10, 25, 50 and 100-pack.

Pros:

- Good price.
- Easy to use.
- Tests a wide variety of drugs.
- Great customer service.

Cons:

- Some customers complain about inaccuracy and inconsistency of the results.

h2: Care Check 12 Panel Drug Test Cups, 5 Pack - Sterile Multi-Drug Tests - by Care Check

This drug testing kit from Care Check allows you to test for 12 different narcotics. It's as simple as other test cup product it's simple – you just need to urinate in the cup and read results in 5 minutes. The instructions are printed on each cup for your comfort.

Features:

- Tests for 12 drugs simultaneously.

- FDA approved.
- Comes in a pack of 5 cups.

Pros:

- Accurate results.
- Easy to use.
- Good and sterile packaging.

Cons:

- Some drugs can be undetected if the consumed dose is too small.

h2: The Home Drug Test - 5 Individually Wrapped 6 Panel Multi Screen Urine Drug Tests – by MOD Complete

This test doesn't come with a cup. As you might've guessed by now the method of testing doesn't change – just dip the test screen into the urine, then wait for 5 minutes and see results. 1 line is positive, 2 is negative.

This test can detect 6 types of drugs: Marijuana, Cocaine (and Crack), Methamphetamine, Amphetamines, Opiates (such as heroin) and Benzodiazepine.

Features:

- Over 99% of accuracy.
- Test up to 6 different drugs.
- Comes in a pack of 5 test kits.

Pros:

- Cheap.
- Simple and easy to use.

Cons:

- Some consumers experience inaccurate or inconsistent results.

h2: Brightside Resources 12 Panel Instant Urine Drug Test - Pack of 5 - for at Home & Medical Use - by Brightside Resources

The 12-panel drug testing kit from Brightside Resources comes in a pack of 5 cups. The manufacturer is well known in the drug testing industry with over twenty years on the market.

The cup is accessible, accurate, and provides almost instant results. When you see a testing cup, so we think you know what to do. An instruction manual comes with a package just in case.

Features:

- Highly accurate.
- For testing 12 different types of drugs: (Marijuana (THC), Methamphetamine (MET 1000), Cocaine (COC 300), Benzodiazepines (BZO 300), Opiates (OPI 2000), Amphetamines (AMP 500), Oxycodone (OXY 100), Ecstasy / MDMA (MDMA 500), Barbiturates (BAR 300), Buprenorphine (BUP 10), Tricyclic Antidepressants (TCA 1000), and Methadone (EDDP 300).
- CLIA Waived.
- FDA approved.
- Comes in a pack of 5 cups.

Pros:

- Accurate.
- Affordable.
- Fast and easy to use.
- Great customer support.

Cons:

- Lines on the test cups are faint and may be difficult to read.
- There are complaints about the THC-testing strip showing incorrect results.

h2: 5 Pack Identify Diagnostics 5 Panel Drug Test Dip – by Identity Diagnostics

Identify Diagnostics provides a huge variety of kits. This test can show up to 5 different drugs in your body system, has high accuracy and fast diagnosis. Just remove the cap, dip the panel in urine for 15 seconds and check the results after 5 minutes.

Features:

- Over 99% accuracy.

- Tests for 5 types of drugs: amphetamines, marijuana, cocaine, opiates/morphine, and methamphetamines.
- FDA 510(k) Cleared for OTC.
- CLIA Waived.
- Comes in packs of 5, 10, 15, 25, 50, and 100 dips.

Pros:

- Easy to use.
- Good packaging.
- Affordable.

Cons:

- Some consumers report about consistent false results.
- Dips could be defective even if the expiration date didn't expire.

h2: 5 Pack Identify Diagnostics 12 Panel Drug Test Cup with BUP – by Identity Diagnostics

Another product by Identity Diagnostics. This is a 12-panel drug test that comes with a urine temperature strip.

It's a cup. You know what to do. Beware: some of the t-lines can appear on a strip with delay, so better wait for 10 minutes before confirming the result.

Features:

- Over 99% accuracy.
- Can test for cocaine, marijuana, ecstasy, methadone, buprenorphine, barbiturates, methamphetamines, benzodiazepines, opiates/morphine, phencyclidine, and oxycodone.
- FDA 510(k) Cleared for OTC.
- CLIA Waived.
- Comes in a variety of packs – from 5 to 200 cups.

Pros:

- Great price.
- Easy to use.
- Good variety of package.

Cons:

- T-lines on a strip can react with delay.
- Results can be inaccurate.

h2: UTest-O-Meter 5 Level THC Marijuana Drug Test Strips – by UTEST

These strips can detect only marijuana in your system with drug levels starting from 15ng/mL. Simple, affordable, and American made, these strips will give you fast results in case of emergencies.

Features:

- American made.
- Can help you track your sobriety level (the higher the ng/ML level, the more it'll take to detox).
- Comes in one single-use pack.

Pros:

- Easy to use.
- Immediate results.
- Good customer service.

Cons:

- Results can be highly inaccurate.

h2: BACtrack Trace Breathalyzer – by BACtrack

This product by BACtrack is used primarily to test the alcohol level in your system. Just insert two AAA-batteries (included in the package), power on and blow into the breath analyzer. Your results will come out on screen in 10 seconds.

Features:

- Designated by the U.S. Dept. of Transportation & National Highway Traffic Safety Administration.
- DOT approved.
- NHTSA approved.

Pros:

- Small and compact. It can easily fit in the pocket.
- Incredibly simple to use.
- Immediate results.
- Comes with batteries.
- One-year warranty.

Cons:

- Expensive.
- Poorly designed plastic housing.
- Can show confusing and inaccurate results. Yes, even breath analyzers make mistakes.

h2: Nicotine/Tobacco Test Kit by Wondfo

This test kit can detect both nicotine and cotinine in your body.

Pull off the cap and expose the strip, then to dip into urine and wait for a minute.

Features:

- Can test for nicotine and cotinine.
- Comes in a pack of 10.

Pros:

- Cheap.
- Easy to use.
- Suitable for carrying around in the pocket.

Cons:

- No detailed instructions with the package.
- Can be inaccurate.

h: Conclusion

We have described different types of drug testing, their distinctive features, and ways in which they are conducted.

When preparing for an urgent drug test, there is a common strategy: abstain from taking drugs; drink a lot of water; consume coffee or cranberry juice to boost urination process; wash as much as possible. You can also improve the detox process by buying specialized products.

The urine test is the most common and easy to pass or fool with synthetic urine. Mouth swab test is the least of your worries and is incredibly easy to pass. The blood test can be delayed since it has a low window of detection. The hair follicle test is a bummer since there is no scientifically proven way to fool it, only self-harming solutions.

You should also find out about the drug levels in your body yourself by using drug testing kits. Most of them are relatively accurate, but even drug testing kits with 99% accuracy tend to give inaccurate results.

We recommend buying 3 different types of kits from various manufacturers. You should run through a couple of kits the night before testing and on the day of the drug screening. This way will give you the most accurate results and will let you know if you should try postponing the test.