

Is there a relationship between peer pressure and students' self-development?

In the modern world, peer pressure is a big problem for youth and adults. Teenagers are more vulnerable than mature people. So, the opinion of society plays an important role in their lives. They are afraid of not being accepted. Thus, the question arises if students' self-development is related with peer pressure?

Self-development is the process, which contributes self-improvement and self-realization of the individuals. It requires self-discipline, deep desire and hard work. External factors such as, peer pressure and society's opinion are important but they are not the main reason of development.

These factors motivate students to start doing something for a while to prove that they can. Actually, that passion does not last long. Furthermore, after some unsuccessful attempts you start feeling aversion to yourself, to your inability to achieve success.

Unfortunately, there are many students, who can not resist to peer pressure, they try to adapt to society. They are deeply disappointed when their efforts are rejected. That is how inferiority complex appears and it is one of the most important reason of teenagers' depression.

Students' self-development does not depend on peer pressure, desire to develop must be their own initiative. Of course, it is hard to resist to crowd, but for being strong, independent and self-confident during the whole life teenagers must learn how to defend their own interests. The process of developing is not something instant, it requires time and patience and only self-belief can help to succeed.

In conclusion, people are unique creatures, who are able to achieve the greatest heights. What about peer pressure? Students must learn how to defy it and try to surround themselves with right people.