

Bullying among children

Unfortunately, in our time children and teenagers still face this problem. Bullying is aggressive behaviour in children's groups. It is regular and very traumatic for children's mental health.

Who is the victim of bullying?

Most often children become the victim of bullying if they have some different features. Children who cannot stand up for themselves also attract the aggressor.

What kind of children become aggressors?

Many people think that these are children from dysfunctional families. However, it's not always so. It can be even a child from an intelligent family. If they don't get enough love and attention from their parents, they may start to assert themselves at someone's expense.

Why does bullying usually show up in school?

Sometimes teachers don't react to it and don't control student behavior during break or make fun of someone. Also it can be because of some conflict or leader among children.

Why do children often keep silent about it?

Spectators are children who are afraid to be in the place of the victim or do not want to ruin their relationship with the bully. They have a defensive reaction.

Witnesses do not react, but are impressed by what they see. They feel fear and helpless while studying. Sometimes children feel guilty for their own inaction.

What are the types of bullying?

There are physical, psychological, economic and sexual bullying. The first appears in the form of hits, beatings. Psychological - the most common. Children laugh at the victim, come up with offensive nicknames, spread various rumors, sometimes stop communicating with her. Economic bullying - when money, gadgets or things are stolen. Sexual abuse it's when a child is used for sexual purposes. This also includes exposure of the genitals and buttocks in front of the child, peeping at her when she does not suspect it.

By what signs can a child be suspected of being a victim of bullying?

Almost half of the children who are victims of bullying do not talk about it. Such children have an oppressed appearance, behave in a closed way, they show aggression towards adults and peers. Health may deteriorate. Frequent colds.

Consequences of bullying for the victim and the aggressor.

Bullying affects the psyche of all members. It can be the first step towards social isolation. Victims have low self-esteem, unwillingness to communicate with others, various phobias appear. There may be depression and suicidal tendencies. Bullying victims have a high suicide rate.

There are many bullies who connect their lives with crime. Violent and authoritarian behaviors are becoming the norm. Buller shows this in relation to his children, his wife. This is where the so-called domestic violence comes in. Bullies may feel guilty as adults but nothing can be changed.

So remember about effects!!!