

## How to Use a Clit Vibrator

Every person with a clitoris values this tiny part of their body and tries to make the most out of it due to the impressive pleasure a clitoris can provide. In fact, this small organ serves the most sensitive part of the female genitals and is responsible for orgasm, both clitoral and vaginal, since its structure is much more complicated than we think and has a hundred times more power than we would expect.

### **Theoretical backdrop of the question**

According to a 2017 [research](#) conducted by Prof. Debby Herbenick from the Center for Sexual Health Promotion at Indiana University in Bloomington, 36.6% of women claimed they needed to stimulate their clitoris to experience an orgasm. On the contrary, the same survey says that 36% of women reported they didn't have to involve clit stimulation to reach an orgasm, although this additional activity did make their sexual experience more pleasurable and vivid; finally, only slightly more than 18% said vaginal penetration exclusively was enough for them to orgasm during intercourse.

### **Digging a bit deeper: what is clitoris?**

That's incredible news we've just discussed, right? Then, you may ask, what is that magical body part called clitoris that makes us enjoy sex and actually get what we want from it?

In an [interview](#) with NBC News, a feminist and artist Sophia Wallace explains the complexity of a clitoris in a rather simple way. She compares this body part to a flower with a nub and two "bulbous legs" going down from it. Indeed, a clitoris has glans (the external and most sensitive part that we can see and touch), corpus cavernosum (the body), and two legs called crus that are located around the vagina. Sophia says this structure enables a woman to experience incredible sensations during sex when crus (the legs) are aroused and increase in size thanks to the blood flow in this very spot. Moreover, if we work on the whole clitoris with all its parts and "awaken" them through a massage, for instance, it can have a life-changing difference during intercourse and enhance our physical reactions.

### **Use clit toys to keep in touch with your sex organ**

From what we have learned today, it seems obvious that the clitoris plays a key role in female satisfaction during sex and should not be ignored by any means. This is where clit vibrators enter the game and help us handle this challenge.

Speaking of clitoris vibrators, there is a wide range of them available on the market! The most popular types and models include [magic wand massager](#); [mini](#), finger, and [rabbit](#) vibrators, as well as those with wing-like tips, etc.

### **A brief manual for your new friends**

As you can see, there is an impressive variety of toys to choose from, and all you really need to know before the purchase is **how to use clit vibrators** so that you make your kinky dreams finally come true! Let's find out.

#### 1. Pressing the toy gently to the clit

There are three main ways how to utilize your clit toy. The first one implies pressing it slightly to the head of the clitoris; this way you can have this body part thoroughly massaged. The best position would be lying on your back with your legs widedspread, but you can really go crazy at this point!

This simple method works perfectly for wand vibrators, finger ones, and those providing a succumbing option. Vibrators with soft and flexible wings are also great for stimulation and should be put on the head of the clit for a lot of satisfaction.

#### 2. Double-trouble

You will also find options for simultaneous stimulation of both external and internal parts of your vulva. Here, you can put the bigger part of the vibrator inside your vagina, whereas the smaller outer appendix of the toy stimulates your clit. Be sure to pick the right mode and tension by changing the buttons on the sex tool and adjust it to your current needs.

#### 3. Sex sex sex!

Do you have a partner and want to enrich the sensations during intimacy? Then this method is just for you! You can add a vibrator to your sex routine with your significant other by placing it on top of the clitoris while your partner goes straight down on you with penetration.

Girls, you can rest assured it will surely bring the house down in your sex life! Pick the most comfortable position to interact with your partner and get all wet and stimulated.

Given all that information, you can finally dig into your own sensations during sex and learn more about your G-spots! Remember to use lube when necessary to go all smooth and nice during your sex journey!