

Title: Side effects of metermine. What do you need to know about it?

Description: This article contains a complete list of **metermine 30mg and 40mg side effects**. You should read it carefully before starting treatment. Moreover, you should consult your doctor if symptoms occur.

Metermine: What side effects won't you run into if you take it correctly?

Metermine (phentermine) is used for weight loss for people who are obese or overweight.

The drug manufacturer, iNova, makes two versions of the drug based on phentermine under a proprietary brand name and as a generic drug. These are Duromine (a long-acting drug) and Metermine. Accordingly, the main **metermine side effects** are about the same as those of Duromine.

Serious side effects include:

- Infarction;
- Stroke;
- Heart attack.

What can cause these effects?

- Drug overdose;
- Violations of the drug's administration schedule;
- Alcohol consumption.

Moderate side effects include:

- Nausea, vomiting, stomach cramps;
- Persistent thirst, dry mouth;
- Constipation;
- Diarrhea;
- Hives;
- Heart palpitations;
- Bad taste in the mouth;
- Temporary absence of sexual desire;
- Episodes of hypertension.

Taking the drug in overdose, disrupting the schedule or drinking alcohol can also cause a negative reaction from the central nervous system, which manifests as:

- Excessive activity;
- Insomnia;
- Fainting;
- Unreasonable anxiety;

- Increased nervousness;
- Involuntary muscle contractions;
- Dizziness;
- Unexplained euphoria that changes sharply to apathy and fatigue;
- Headache.

The list of side effects also includes:

- Breathing difficulties;
- Pain in the chest area;
- Skin rash;
- Swelling of the face or lower extremities;
- Rapid fatigue;
- Urinating difficulties.

Metermine 30mg and 40mg side effects

Metermine is available in 30 mg and 40 mg capsules.

The 30 mg capsules are used as a starting dose. If the effect is positive, the dosage is not increased. However, if the doctor feels that this dose is not enough to achieve the goals, he may increase it to 40 mg.

There is no evidence that the occurrence of side effects of Metermine is directly related to the dose of the drug.

Conclusion

Metermine is an effective treatment for weight loss. And like any effective drug, it has a number of side effects. In the vast majority of cases, they occur in a mild form, gradually disappearing. Or do not appear at all.

Knowledge of such effects and how they may manifest themselves is mandatory for a person wishing to lose weight in order to consult a doctor at the first symptoms. And only a doctor will decide: to continue treatment with the same dose, reduce it, or to stop taking the drug and try to get rid of excess body weight in another way.